



## Be a part of the first ever Sittin For a Cure.

Here's what you need to know:

### 1. Register your team

Teams can be any number

Members will have sponsors pledge amounts for them to sit in the chair.

There must be at least one member of the team sitting in the chair at all times.

Sittin For A Cure will begin at 9am at the Ace Hardware in Nags Head.

We will continue sitting until the store closes.

All Money will go to the Outer Banks Relay For Life

Each hour there will be a 10 minute bathroom break. You can switch sitters only during a break unless there is an emergency of some kind.

Teams are encouraged to develop a team theme.

Awards for the most unique team theme will be awarded.

### Register your Team

Team Name	
Team Contact	
Phone Number	
Cell Phone	
Address	